



2. 葡萄糖耐受性試驗採血檢查

2.1 採血檢查注意事項

- (a) 請至門診檢驗櫃台報到，領取規定劑量的葡萄糖，並排訂第一次抽血順序。
- (b) 如需空腹採血，請先空腹 8 小時後至門診檢驗櫃檯報到，領取規定劑量的葡萄糖，再排訂第一次抽血順序。
- (c) 第一次抽血完畢後請以溫開水將葡萄糖完全溶解後，在 15 分鐘內將所有糖水全部喝完。
- (d) 請紀錄下喝完糖水的確實時間，再至門診檢驗櫃檯報到，受理人員會依照醫師所規定的採血次數，排定採血時間及採檢櫃檯，請按時至指定的採檢櫃檯報到。
- (e) 各次採血之間，請勿進食或飲水。
- (f) 由於血糖濃度會隨時間改變，為避免干擾醫師判讀檢驗結果，請務必準時或提早 10 分鐘至指定採檢櫃檯報到。
- (g) 因此項檢查採血次數較多，採檢後請確實注意應緊壓傷口 5-10 分鐘後才可鬆開，請勿按揉傷口，以避免淤血發生、減少多次採檢的不舒適感。

2.2 採血服務時間及地點

2.2.1 門診工作時間

- (a) 星期一至星期五 7:00~23:00。
- (b) 星期六 7:00~15:00。
- (c) 其他時間或國定假日期間暫停服務。

2.2.2 急診工作時間 24 小時

2.3 洽詢電話

馬偕紀念醫院 新竹分院 門急診鏡檢組 (03)6119595 轉 3030。



2. Blood withdrawal for Glucose Tolerance Test (GTT)

2.1 Notes for the blood withdrawal

- (a) Please visit the OPD laboratory counter to receive the glucose of designated dosage and the arrangement of the first-time blood withdrawal.
- (b) If you need NPO for blood withdrawal , please NPO (nothing per mouth) for 8 hours as recommended before visit the OPD laboratory counter.
- (c) After the first-time blood withdrawal , please dissolve the glucose completely with warm water and drink it all within 15minutes.
- (d) Please record the exact time when you drank all of the glucose water , then visit the OPD laboratory counter. You will be scheduled to have several blood withdrawals at different times according to the order by physicians. Please proceed to the designated seat for blood withdrawal on time.
- (e) Please do not eat or drink between each blood withdrawal.
- (f) Due to the fluctuation of blood glucose level as time goes by , please proceed to the designated seat for blood withdrawal on time or 10 minutes earlier so that the interference of testing result interpreted by the physician can be avoided.
- (g) Since there are more numbers of blood withdrawals for this test , please be sure to compress the needle wound for 5-10 minutes thereafter. Do not massage the wound which may precipitate ecchymosis or discomfort.

2.4 Time and location for blood withdrawal

1.3.3 Mackay Memorial Hospital at Hsinchu OPD laboratory :

- (a) W1~W5 7 : 00 ~ 23 : 00
- (b) W6 7 : 00 ~ 15 : 00
- (c) Please avoid other hours and holidays

1.3.4 Mackay Memorial Hospital at Hsinchu Emergency laboratory

- (a) 24HR

2.5 Telephone for inquiry

Mackay Memorial Hospital Laboratory at Hsinchu : (03)6119595 Extension 3030