



3. 一般尿液檢查

3.1 鏡檢常規尿液檢查注意事項

- (a) 檢體不需加入任何添加物及保存劑。
- (b) 採檢前請先洗手，以避免手部細菌污染。
- (c) 常規尿液檢查檢體以早上第一次晨尿為原則，任一單次尿液檢體亦可；女性病人收集尿液檢體時應盡量避免陰道分泌物污染
- (d) 女性病人正值生理期時請主動告知門診醫護人員；必要時可以請護士協助以導尿的方式取得檢體。
- (e) 尿液檢體須盡快做檢測；如無法於兩小時內送達時，需以冰浴方式送檢；若無法於採檢當日送達時，則必須將檢體置於冰箱冷藏保存（約 2-8°C）後隔日送檢。
- (f) 嬰幼兒可以利用嬰幼兒專用尿袋收集尿液檢體。
- (g) 尿液檢體請先以尿杯收集後再直接倒入離心管內(請儘量倒滿)，連同檢驗單一併放置於檢體放置處。
- (h) 若病人有留置導尿管時，需請診間醫護人員協助，由導尿管直接抽取尿液檢體；請避免直接由尿袋倒取尿液，以免取到污染檢體，干擾檢驗結果。
- (i) 若病人是以導尿、穿刺或其他特殊方式留取尿液檢體時，請主動告知受理人員。

3.2 中段尿檢體採取步驟：

- (a) 採檢前請先洗手，以避免手部細菌污染。
- (b) 請先將外陰部擦拭清潔。
- (c) 解前段尿丟棄。
- (d) 留中段尿液於指定容器內以供檢驗。
- (e) 剩餘的尿液丟棄。
- (f) 檢體量與檢體運送及保存條件，請依照檢查項目需求處理。

3.3 採血服務時間及地點

3.3.1 門診工作時間

- (a) 星期一至星期五 7：00～23：00。
- (b) 星期六 7：00～15：00。
- (c) 其他時間或國定假日期間暫停服務。

3.3.2 急診工作時間 24 小時

3.4 洽詢電話

馬偕紀念醫院 新竹分院 門急診鏡檢組 (03)6119595 轉 3030。



3. Urinalysis

3.1 About urinalysis under microscopy

- (a) It is unnecessary to add any additives or preservatives in the urine specimens.
- (b) Please wash hands before collect the urine.
- (c) The urine specimen at any hour is acceptable , but the first-time urine after wake up is preferable. The collection of female urine should avoid the contamination of vaginal secretion.
- (d) Please notify the OPD nurse while you are in the menstrual period. The nurse will assist you to collect the urine specimen through urethral catheterization if necessary.
- (e) Please transfer the urine specimen to the laboratory within 2 hours after collection. It is recommended to have the urine specimen transferred in ice bath , if beyond 2 hours after collection. Please store the urine specimen in the refrigerator (2-8°C) if not transferred on the same day of collection.
- (f) There are specific collection bags available for the urine specimens of infants.
- (g) Please collect the urine in the cup , then , pour into the centrifuge tube to fill it up. Finally , leave the centrifuge tube and examination form at the specimen collection site.
- (h) While the patients have the Foley catheter in place , please ask the OPD nurse to obtain the urine specimen directly from the Foley catheter. In order to avoid the specimen contamination and testing interference , please do not obtain the urine specimen directly from the urine bag.
- (i) If the urine were collected through catheterization , aspiration , or other special method , please notify the laboratory personnel.

3.2 Steps to collect the mid-portion of urine specimen

- (a) Please wipe the vulva clean.
- (b) Do not collect the first portion of urine.
- (c) Collect the mid-portion of urine in the cup and pour into the designated container.
- (d) Discard the remainder of urine.
- (e) Please follow the requirement of testing item , send the specimen in the appropriate amount , transport and storage conditions.

3.3 Time and location for blood withdrawal

3.3.1 Mackay Memorial Hospital at Hsinchu OPD laboratory :

- (a) W1~W5 7 : 00 ~ 23 : 00
- (b) W6 7 : 00 ~ 15 : 00
- (c) Please avoid other hours and holidays

3.3.2 Mackay Memorial Hospital at Hsinchu Emergency laboratory

- (a) 24HR

3.4 Telephone for inquiry

Mackay Memorial Hospital Laboratory at Hsinchu : (03)6119595 Extension 3030